

# The Demartini Method - Workshop 1

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## Introduction:

I was first exposed to The Demartini Method during The Breakthrough Experience with Dr. Demartini. It had a very dramatic and lasting influence on my life. So much so that I decided there and then to learn the method myself. I now include it in every course I facilitate and subtly use it in my funeral and wedding ceremonies. The most convincing words I can present on The Demartini Method are the many **thank you notes** I have received from the many grateful people I have worked with.

"Dear Stephen

Thanks for the life changing session. So many puzzlements clicked into place in an order that I can now understand. I am sure that when I have fully processed and cleared these immediate issues, I will want move more strongly into a place where I fully embrace and completely live by the principles. And I will be back for more sessions.

In truth, Debbie B"

## Are you or someone you love struggling with:

Money issues, uninspiring career, marriage, addiction, self-esteem, grief, divorce, loss, fear, yourself, someone else, rape, infidelity, abuse, trauma, your kids, your boss, your parents, life in general, depression? **Simply DEMARTINI IT!** Private consultations available.

## Workshop Content:

In The Demartini Method Workshop 2, we will focus on dealing with issues from the past and present related specifically to **yourself** that you deem to be negatively affecting your present and/or future. This session will re-frame your perceptions of yourself, your issues, your personality traits, your fears, recognize their blessings, see how they are on-the-way and not-in-the way and release you to become the real you. And while this is a group workshop, your work will be personal and individual. You will work with your issue while others work on theirs.

## Duration:

3 hours

## Pricing:

**Group: R1000-00 per person**

**Individual: R1650-00**

**In Dr. Demartini's words, The Demartini Method is:**

- A systematic pre-determined series of mental questions directed toward the objective of assisting an individual to feel present, certainty and gratitude.
- A procedure that neutralizes an individual's emotional charges, balances his or her mental and physical reactions, opens his or her heart and clears his or her mind.
- A continuous thinking process and writing action repeated over a course of time that results in a resolution of dis-equilibrated perceptions.
- A reproducible science enabling individuals to discover the underlying order governing their apparent daily chaos.
- The Demartini Method is the most powerful, effective and efficient methodology in personal transformation. It is an effective means of transforming any form of stress or conflict.

"Dear Stephen

Thank you so much for the time you spent with me last Wednesday.

Since then my world has become a much more exciting and interesting place. I have challenged your theories daily and as a result have explored many mental paths I didn't know existed. Juliet Tucker"

Stephen van Basten is a Trained Demartini Method facilitator who trained directly under Dr Demartini and has over 200 hours of specific Demartini Method counselling experience.