

Stephen van Basten

Officiating at Defining Events and Facilitating Personal and Spiritual Growth

Overcoming the fear of death, dying and loss

A man once asked a Zen Master, “What is most amazing to you?” He answered, “That a man, seeing others dying around him, believes he will never die and is thus unprepared when he does.”

- DEATH -

Do you fear your death?

Do you fear the death of someone you love?

Are you or someone you love facing a terminal illness?

Do your loved ones know what your last wishes are when you pass?

Are you mourning the loss of a loved one through death, separation or divorce?

Are you and your family prepared mentally, emotionally, spiritually and legally for your passing?

As a minister I perform over 200 funerals a year. On reflection I can see how this has prepared me for my own passing and indeed lessened my fear associated with death. I am also called on to provide grief counselling from time to time which has given me insights into grief and grieving. The **Demartini Method for Grief** has also given me incredible insights into grief management. Added to this, as a Universalist, I have studied other cultures and religions including their “life after death” beliefs. My biggest realization though, is that most people have not spent nearly enough time addressing, preparing for and coming to terms with, this really important aspect of life – Death.

So how do we tackle this enormous subject?

Depending on what we are dealing with we would explore some or all of the following concepts:

- Discussions about the meaning of life and death
- Discussions on what happens when we die
- Discussions about God, the universe and eternity
- Discussions about various beliefs systems relating to death and dying
- Understanding specifically what it is you fear
- Dissolving those fears using the **Demartini Method**
- Pin pointing exactly what you believe you are missing
- Showing you that nothing is really missing using the **Demartini Method**
- Dissolving grief using the **Demartini Method**
- Dissolving guilt using the **Demartini Method**

- Breaking paradigms by asking specific questions using the **Demartini Method**
- Exploring the magnificence of the universe (projecting 10 years into the future)
 - If I die, the kids and spouse turn out fine
 - If my loved one dies, the kids and I turn out fine
 - If we both die, the kids turn out fine
- How do I tell the kids, my parents, my spouse?
- Communicating with those I love
- Recognizing that the universe is in order and a magnificent place to be right now
- The five biggest regrets of the dying.
- Planning and writing a Will
 - What do you want to happen when you pass?
- Planning a funeral
 - What do you want at your or someone else's funeral

Consultations:

I am available for personal consultations to deal with these any other issues in your life.

Please check out my website for more info on who I am and what I do: www.stephenvanbasten.co.za

Cost:

R550 per hour

Timing:

I generally find that an initial two hour session is most effective and efficient.

Usually no more sessions are required unless other issues arise that need attention.

Venue:

I suggest the privacy and comfort of your own home.

Other courses and services offered by Stephen:

- The Relationship Experience for couples
- The Life Skills Experience
- **Demartini Method** facilitation sessions
- Wedding Ceremonies
- Funeral services
- Inspirational talks on a variety of subjects

What people are saying about Stephen and The Demartini Method:

Dear Stephen

I wanted to attempt to put into words the profound effect that you, in conjunction with the Demartini Method, have had on my life.

Today, 25 September 2011, is the first time in 7 years that I woke up on my late son, Kyle's, birthday feeling bubbly and at peace with his passing.

The Demartini Method for Grief assisted me to see the other side of his death and realize that nothing is ever missing.

I must be honest that I was very skeptical when we started our first session.

You then proceeded to blow me away with the questions you asked and the way they forced me to think and to see things in a new light.

Who would have thought that there were benefits and drawbacks to every trait and every situation?

The subsequent sessions were just as helpful and I must say I now find myself automatically equilibrating issues as they arise.

The full collapse we did on my dad was unbelievable. We both healed immediately. Thank you for those 4 hours.

More recently, the full collapse we did on my daughter turned our relationship around dramatically. Another 4 hours well spent!

The session we did on low self-esteem gave me new insights on why I carry excess weight and although that was not the focus I subsequently have lost a lot of weight.

I have gone from a size 18 to a size 12 and am still losing weight nicely.

Then of course we addressed smoking and while I have not stopped completely, I now smoke 7 a day compared to the 15 before the session.

Let's do some more work on this please.

Finally, thank you for encouraging me to attend the Breakthrough Experience.

That certainly got the theory into my head and I now truly see the value of the methodology.

I collapsed my husband and low and behold our relationship has improved drastically.

On top of all of that, the Breakthrough Experience is now assisting me in my business too.

Once again, my deep felt gratitude. I feel honored and inspired to walk this journey with you.

Nina

Good Morning Stephen,

Hope you are doing well. I just want to thank you for your help on Tuesday. I have not been in a good space lately. The aftermath of the divorce and struggles and court battles to get my kids really got me very down and depressed. Up until lately it got worse and worse even to a point where I battled focusing on work. Thank you for showing me that there are different sides to everything. I was so focused on the negative side of what happened that I never imagined that any good can be seen in not having custody over my young children. I have a complete new perspective on my situation, and this is really helping stacks. So the moment my mind starts focusing on what is bad, I think of the good that came out of the situation. I want to "train" my mind to see the balance in every situation. Good and Bad. If it is ok with you I would like to refer you to some of my

friends... They saw the change in me and asked about it. Thank you once again. You won't believe the difference it has made. Have a amazing day

Marguerite

Dear Stephen

Thank you for your time, wisdom and love – and for teaching me so much about human nature, relationships, myself and particularly, my mom.

Although you learnt the method from Demartini – its your beautiful soul that makes the experience so insightful and valuable.

Thanks again, Jo-Anne

Dear Stephen

Thank you so much for the time you spent with me last Wednesday. Since then my world has become a much more exciting and interesting place. I have challenged your theories daily and as a result have explored many mental paths I didn't know existed. Testing your assurance that 'nothing is EVER missing', I have starting to look within myself only to find what I thought I didn't possess. I would love to spend more time with you to work through the Demartini Method when things settle down so please send me the details.

Finally, I saw this in a presentation the other day and though it quite apt:

"If you think of this world as a place intended simply for your happiness, you find it quite intolerable. Think of it as a place for training and correction, and it's not so bad."

From: Alice in Wonderland

Have a wonderful weekend!

Warm regards, Juliet

Hi Stephen

Thank you for your time and it was very enlightening, I would love to do more with you as there are many issues that can be resolved.

I will send this onto the bank and let's hope they will accept if not it shouldn't be a deterrent for me to continue as you can't put a price on growth and healing

Once again, thank you for making it wonderfully comfortable to share with you

Regards, Michelle

Dear Stephen,

I would like to take this opportunity to thank you for the time and energy you spent facilitating me through the Demartini Process on the 15th January 2011.

As I am a Life Coach, I was curious to see how and if the method would assist deeper, reflective learning of self and create sustainable change for me.

With this in mind I chose to work on an inner conflict with self.

The results and experience during the process were thought provoking and interesting; I enjoyed being challenged and stretched, mentally and emotionally, which you are able to do effortlessly and from a place of support and encouragement.

I can conclusively say that my curiosity was indeed satisfied. The process did assist deeper, reflective learning and created sustainable change within my thought process around the issue we worked on.

Therefore, I am now more comfortable with the issue and can see the benefits of the change already taking place in my life.

I wish you everything of the best for your future and the work that you are doing to change lives.

Warm Regards, Samantha

Hi Stephen

Once again it was very challenging to accept the things you don't want to hear, but only good can come from admitting these things

I can't express enough to you how these sessions have helped me though a very difficult patch in my life. It is nice to be inspired and exhilarated from a session.

Thanking you kindly, Michelle

Good morning Stephen,

I just want to say thanks for helping my sister – she is like a new person and I feel so good – I worry about her so much and she was in a real bad way when she came to me on Monday.

Thank you for being who you are and being so special

Take care and have a stunning weekend, Dianne

Hi Stephen

Thanks for the life changing session. So many puzzlements clicked into place in an order that I can now understand. I am sure that when I have fully processed and cleared these immediate issues, I will want move

more strongly into a place where I fully embrace and completely live by the principles. And I will be back for more sessions.

In truth, Debbie

Hi Stephen

It was also great meeting with you yesterday and you have been of great help!

Thanks again!! Hendrien

Hi Stephen

Many thanks for coming today and for your professionalism.

I contacted you about a recent breakup of an engagement.

What worked for me\how I feel after:

From your consultation, I have gained insight on my highest value being learning\development and see how I am holding off marriage.

I see that nothing is missing but in another form.

I gained insight on being unfaithful and realized where I had been in my mind!

I see the patterns of repression and having power in an area I didn't know I had.

Many thanks

Nxxxxxxxxx

My personal Demartini testimonial:

About 3 years ago I was very briefly introduced to Dr Demartini while watching *The Secret*.

Two and a half years ago I attended a public talk of his in Johannesburg where I decided to do ***The Breakthrough Experience***.

Three months later my wife and I attended ***The Breakthrough Experience*** together.

At this time my biggest fear was that Dr Demartini would convince me to do vocationally what I KNEW I should be doing but was too scared to take the plunge.

Part of the blessing of that Breakthrough Experience was the "Value Determination Exercise" which showed me more clearly who I am, what is most important to me and allowed me to take the next step along that path.

"The 15 fantasies and delusions that lead to the ABCD's of negativity", changed my perception and my life in too many ways to mention.

Let's just say that number 15 (all of the above) applied and apply to me. This exercise alone was worth the price of the entire course.

My next step was attending the **Demartini Method Training Program** (DMTP) and becoming a **Trained Demartini Method Facilitator**.

5 days of learning the method and collapsing traits; mine and others, and gaining incredible life skills insights.

Working for the Demartini Institute gave me valuable insights into how an organization manages a Public Speaker like Dr Demartini.

I gained insights into marketing, sales and running an institution of this nature not to mention refined insights into my values during internal Value Determination exercises.

I now find myself in my own small successful business.

Eventually doing what I love. The first time I don't feel like an imposter in a company where I do not fit.

This year I will perform 200 funerals, 75 weddings, take 35 couples through my relationship course and will facilitate 60 (2 hour) Demartini Method Sessions with clients.

This translates into me touching over 15 000 people in 2012 with my message in its various forms.

My weddings and funerals subtly include much of the Demartini teaching (marriage is for equilibration not happiness – death is normal and both benefit & drawback to all and nothing is ever missing).

My courses include much Demartini theory too. Value Determination. Hierarchy of Values. 7 Areas of Life. 15 fantasies and The Demartini Method itself.

When I took the plunge I had no idea that it would turn out this way.

In my first **Breakthrough Experience**, I broke through my issues with my father and my childhood.

In my second **Breakthrough Experience**, I broke through my mother and more childhood issues. We made peace 9 months before she died.

In my third **Breakthrough Experience**, I broke through some niggling issues with my wife and our marriage.

I continue to attend Dr Demartini's public talks and try to facilitate at Breakthrough Experiences whenever I am able.

The public talks re-enforce the core message and there is always a phrase or two, a concept or two that blows my mind, forces me to grow and moves me further along my path.

In one public talk, Dr Demartini spoke about breaking boundaries in the 7 area of life. Not been bound by religion but rather asking yourself, "What new religion can I found?"

This inspired me to start a facebook church called, "The church of Higher Universalism". I have just over a hundred members.

Dr Demartini's teachings about the value of our social network inspired me to charge for my referrals (I used to just be "nice" and refer for nothing).

This alone now brings me an ongoing (passive) income and is growing my wealth every month.

In 1979 I spent a year in Japan learning karate from the founder of our style.

In 2009 I place 1st for fighting (Kumite) and 2nd and form (Kata) in the Goju Kai World Championships.

There is no doubt that there is a correlation.

Likewise, learning the Demartini Method (and other tools) directly with Dr Demartini has resulted in me leading a more fulfilled and inspired life.

I therefore encourage anyone with an interest in personal development and growth in any area of their lives to spend time with Dr Demartini and his method.

There is no doubt in my mind that he is an expert in this field.

Stephen van Basten

*Stephen van Basten is a **Trained Demartini Method Facilitator** and a student of **Dr. Demartini** and his work and draws much inspiration from such in this workshop **
Stephen has many years of experience in business and life in general,
is a Philosopher and Truth Seeker and a great teacher.
Stephen has been married for 20 years and has a daughter of 16.