

The Demartini Method

The Tool with 1000 Uses for Enhancing Your Life

The Demartini Method is a bit of an interesting enigma.

Difficult to explain fully, simple to apply, scientific in its application and liberating in its outcome.

It is one of the most amazing life skills tools I have ever learnt, applied and taught.

It has helped me to love my past, heal my present and enhance my future.

I include it in every course I facilitate and subtly use it in my funeral and wedding ceremonies.

The most convincing words I can present on The Demartini Method are the **thank you notes** I have received from the many grateful people I have worked with. See end of document.

The best way for you to understand what I am attempting to say here is to experience The Demartini Method yourself. You have little to lose and so much to gain.

Here is some of the official wording around the method:

The Demartini Method - The Tool with 1000 Uses for Enhancing Your Life:

The Demartini Method® is a breakthrough discovery and cutting edge personal transformation methodology which results in a new perspective and paradigm in thinking and feeling. Developed by Dr. John Demartini, it is the culmination of more than 36 years of research and studies in numerous disciplines including physics, philosophy, theology, metaphysics, psychology, astronomy, mathematics, neurology and physiology.

The Demartini Method is:

A systematic pre-determined series of mental questions directed toward the objective of assisting an individual to feel present, certainty and gratitude.

A procedure that neutralizes an individual's emotional charges, balances his or her mental and physical reactions, opens his or her heart and clears his or her mind.

A continuous thinking process and writing action repeated over a course of time that results in a resolution of dis-equilibrated perceptions.

A reproducible science enabling individuals to discover the underlying order governing their apparent daily chaos.

The Demartini Method is the most powerful, effective and efficient methodology in personal transformation. It is an effective means of transforming any form of stress or conflict.

The Demartini Method is now being used in over 58 countries throughout the world. Millions of individuals have now heard of this stress reducing, conflict resolving method. It is presently being

introduced to psychologists, psychiatrists, social workers, health professionals, prison workers, police, business executives, financial specialists, film producers, actors, politicians, and U.N. delegates.

Click this link to hear Dr Demartini describe the Demartini Method himself:

http://www.drdemartini.com/demartini_method

I am a Trained Demartini Method Facilitator and have trained directly with Dr. Demartini himself.

My hourly rate is R550 per hour (Dr Demartini charges US\$2000 per hour).

I find it most effective and efficient to work in 2 hour sessions.

Interestingly enough, multiple sessions are rarely required.

My contact details are:

Email: stephen@stephenvanbasten.co.za

Phone: 083 231 8445.

Website: www.stephenvanbasten.co.za

Please make contact - I would love to assist you in any way I can.

Other Courses and Services:

- Wedding and Funeral ceremonies
- The Relationship Experience
- The Life Skills Experience
- Overcoming fear of Death, Dying and Loss

What people are saying about Stephen and The Demartini Method:

Dear Stephen

I wanted to attempt to put into words the profound effect that you, in conjunction with the Demartini Method, have had on my life.

Today, 25 September 2011, is the first time in 7 years that I woke up on my late son, Kyle's, birthday feeling bubbly and at peace with his passing.

The Demartini Method for Grief assisted me to see the other side of his death and realize that nothing is ever missing.

I must be honest that I was very skeptical when we started our first session.

You then proceeded to blow me away with the questions you asked and the way they forced me to think and to see things in a new light.

Who would have thought that there were benefits and drawbacks to every trait and every situation?

The subsequent sessions were just as helpful and I must say I now find myself automatically equilibrating issues as they arise.

The full collapse we did on my dad was unbelievable. We both healed immediately. Thank you for those 4 hours.

More recently, the full collapse we did on my daughter turned our relationship around dramatically. Another 4 hours well spent!

The session we did on low self-esteem gave me new insights on why I carry excess weight and although that was not the focus I subsequently have lost a lot of weight.

I have gone from a size 18 to a size 12 and am still losing weight nicely.

Then of course we addressed smoking and while I have not stopped completely, I now smoke 7 a day compared to the 15 before the session.

Let's do some more work on this please.

Finally, thank you for encouraging me to attend the Breakthrough Experience.

That certainly got the theory into my head and I now truly see the value of the methodology.

I collapsed my husband and low and behold our relationship has improved drastically.

On top of all of that, the Breakthrough Experience is now assisting me in my business too.

Once again, my deep felt gratitude. I feel honored and inspired to walk this journey with you.

Nina Collinge

-----X-----

Good Morning Stephen,

Hope you are doing well.

I just want to thank you for your help on Tuesday. I have not been in a good space lately.

The aftermath of the divorce and struggles and court battles to get my kids really got me very down and depressed.

Up until lately it got worse and worse even to a point where I battled focusing on work.

Thank you for showing me that there are different sides to everything.

I was so focused on the negative side of what happened that I never imagined that any good can be seen in not having custody over my young children.

I have a complete new perspective on my situation, and this is really helping stacks.

So the moment my mind starts focusing on what is bad, I think of the good that came out of the situation. I want to "train" my mind to see the balance in every situation. Good and Bad.

If it is ok with you I would like to refer you to some of my friends... They saw the change in me and asked about it.

Thank you once again. You won't believe the difference it has made. Have a amazing day.

Marguerite Smit

-----X-----

Dear Stephen

Thank you for your time, wisdom and love – and for teaching me so much about human nature, relationships, myself and particularly, my mom.

Although you learnt the method from Demartini – its your beautiful soul that makes the experience so insightful and valuable.

Thanks again, Jo-Anne Fraser

-----X-----

Dear Stephen

Thank you so much for the time you spent with me last Wednesday.

Since then my world has become a much more exciting and interesting place. I have challenged your theories daily and as a result have explored many mental paths I didn't know existed.

Testing your assurance that 'nothing is EVER missing', I have starting to look within myself only to find what I thought I didn't possess.

I would love to spend more time with you to work through the Demartini Method when things settle down so please send me the details.

Finally, I saw this in a presentation the other day and though it quite apt:

"If you think of this world as a place intended simply for your happiness, you find it quite intolerable. Think of it as a place for training and correction, and it's not so bad."

From: Alice in Wonderland

Have a wonderful weekend!

Warm regards, Juliet

-----X-----

Hi Stephen

Thank you for your time, it was very enlightening.

I would love to do more with you as there are many issues that can be resolved.

I will send this onto the bank and let's hope they will accept if not it shouldn't be a deterrent for me to continue as you can't put a price on growth and healing

Once again, thank you for making it wonderfully comfortable to share with you

Regards, Michelle

-----X-----

Dear Stephen,

I would like to take this opportunity to thank you for the time and energy you spent facilitating me through the Demartini Process on the 15th January 2011.

As I am a Life Coach, I was curious to see how and if the method would assist deeper, reflective learning of self and create sustainable change for me.

With this in mind I chose to work on an inner conflict with self.

The results and experience during the process were thought provoking and interesting; I enjoyed being challenged and stretched, mentally and emotionally, which you are able to do effortlessly and from a place of support and encouragement.

I can conclusively say that my curiosity was indeed satisfied. The process did assist deeper, reflective learning and created sustainable change within my thought process around the issue we worked on. Therefore, I am now more comfortable with the issue and can see the benefits of the change already taking place in my life.

I wish you everything of the best for your future and the work that you are doing to change lives.

Warm Regards
Samantha Lewis

-----X-----

Hi Stephen

Please find the attached proof of payment for the session today.

Once again it was very challenging to accept the things you don't want to hear, but only good can come from admitting these things

I can't express enough to you how these sessions have helped me though a very difficult patch in my life. It is nice to be inspired and exhilarated from a session.

Thanking you kindly, Michelle

-----X-----

Good morning Stephen,

I just want to say thanks for helping my sister – she is like a new person and I feel so good – I worry about her so much and she was in a real bad way when she came to me on Monday.

Thank you for being who you are and being so special

Take care and have a stunning weekend, Dianne

-----X-----

Hi Stephen

Thanks for the life changing session. So many puzzlements clicked into place in an order that I can now understand. I am sure that when I have fully processed and cleared these immediate issues, I will want move more strongly into a place where I fully embrace and completely live by the principles. And I will be back for more sessions.

In truth, Debbie Blackburn, MM (Wits); PDM (Wits); MAP (Wits)

-----X-----

Hi Stephen

It was also great meeting with you yesterday and you have been of great help!

Thanks again!! Hendrien

-----X-----

Hi Stephen

Many thanks for coming today and for your professionalism.

I contacted you about a recent breakup of an engagement.

From your consultation, I have gained insight on my highest value being learning\development and see how I am holding off marriage.

I see that nothing is missing but in another form.

I gained insight on being unfaithful and realized where I had been in my mind!

I see the patterns of repression and having power in an area I didn't know I had.

Many thanks

Nxxxxxxxxx

-----X-----

My personal Demartini testimonial (Stephen van Basten):

About 3 years ago I was very briefly introduced to Dr Demartini while watching The Secret. Two and a half years ago I attended a public talk of his in Johannesburg where I decided to do The Breakthrough Experience.

Three months later my wife and I attended The Breakthrough Experience together.

At this time my biggest fear was that Dr Demartini would convince me to do vocationally what I KNEW I should be doing but was too scared to take the plunge.

Part of the blessing of that Breakthrough Experience was the “Value Determination Exercise” which showed me more clearly who I am, what is most important to me and allowed me to take the next step along that path.

“The 15 fantasies and delusions that lead to the ABCD’s of negativity”, changed my perception and my life in too many ways to mention.

Let’s just say that number 15 (all of the above) applied and apply to me. This exercise alone was worth the price of the entire course.

My next step was attending the Demartini Method Training Program (DMTP) and becoming a Trained Demartini Method Facilitator.

5 days of learning the method and collapsing traits; mine and others, and gaining incredible life skills insights.

Working for the Demartini Institute gave me valuable insights into how an organization manages a Public Speaker like Dr Demartini.

I gained insights into marketing, sales and running an institution of this nature not to mention refined insights into my values during internal Value Determination exercises.

I now find myself in my own small successful business.

Eventually doing what I love. The first time I don’t feel like an imposter in a company where I do not fit. This year I will perform 200 funerals, 75 weddings, take 35 couples through my relationship course and will facilitate 60 (2 hour) Demartini Method Sessions with clients.

This translates into me touching over 15 000 people in 2012 with my message in its various forms.

My weddings and funerals subtly include much of the Demartini teaching (marriage is for equilibration not happiness – death is normal and both benefit & drawback to all and nothing is ever missing).

My courses include much Demartini theory too. Value Determination. Hierarchy of Values. 7 Areas of Life. 15 fantasies and The Demartini Method itself.

When I took the plunge I had no idea that it would turn out this way.

In my first Breakthrough Experience, I broke through my issues with my father and my childhood.

In my second Breakthrough Experience, I broke through my mother and more childhood issues. We made peace 9 months before she died.

In my third Breakthrough Experience, I broke through some niggling issues with my wife and our marriage.

I continue to attend Dr Demartini's public talks and try to facilitate at Breakthrough experiences whenever I am able.

The public talks re-enforce the core message and there is always a phrase or two, a concept or two that blows my mind, forces me to grow and moves me further along my path.

In one public talk, Dr Demartini spoke about breaking boundaries in the 7 area of life. Not been bound by religion but rather asking yourself, "What new religion can I found?"

This inspired me to start a facebook church called, "The church of Higher Universalism". I have just over a hundred members.

Dr Demartini's teachings about the value of our social network inspired me to charge for my referrals (I used to just be "nice" and refer for nothing).

This alone now brings me a ongoing (passive) income and is growing my wealth every month.

In 1979 I spent a year in Japan learning karate from the founder of our style.

In 2009 I place 1st for fighting (Kumite) and 2nd and form (Kata) in the Goju Kai World Championships.

There is no doubt that there is a correlation.

Likewise, learning the Demartini Method (and other tools) directly with Dr Demartini has resulted in me leading a more fulfilled and inspired life.

I therefore encourage anyone with an interest in personal development and growth in any area of their lives to spend time with Dr Demartini and his method.

There is no doubt in my mind that he is an expert in this field.

Stephen van Basten

And finally a word from Dr Demartini himself:

This Month's Inspiration from Dr. Demartini

Dear Stephen,

Whether you are experiencing pleasure or pain, positives or negatives, you are constantly on purpose.

Just as light has both a positive and negative phase to its wave/particle form, in order to propagate, we need both positive and negative feedback phases to grow and expand our work, relationships and life. We require positively 'pleasurable' and negatively 'painful' feedback mechanisms to sustain our purpose and live a whole and meaningful life.

Know that if you're running from pain and seeking pleasure, or vice versa, you're not directing yourself in a straight line. A person focused only on pleasure is not following their purpose. A person who embraces their pleasure and pain will feel more on purpose. When you embrace both equally, you are actually maximizing your energy to fulfil your life.

Maximum growth and evolvment occurs at the border of order and chaos, support and challenge, pleasure and pain. When we experience both pain and pleasure as forms of feedback, we use them both to hone us in on our purpose. Our purpose is expressed most when we have appreciated both sides of life's coin.

Positive and negative experiences are the pains and pleasures of life; pain and pleasure both require feedback. The centre point is love and anything we have a lopsided perception about - anything we infatuate or resent and thus don't love - is still letting us accomplish what we are here for but they act as forms of feedback. Such feedbacks let us know where and what we are not yet appreciating and loving. Such feedbacks are incompletely filled voids.

So both positive and negative experiences in any area of our life are nothing but gifts to remind us to wake up to our life's purpose - which is to love. We are constantly being led back to review and to rebalance that which we have imbalanced in our perception as a way to return to love. However, when we assume we are in only the positive or negative phase, we perceive ourselves as being off purpose and this perception creates reactions, responses and symptoms in our body, finances, relationships and all other areas of our life to guide us back to a perceptual balance.

For what we don't love is exactly what keeps us feeling separate from the rest of the universe. The choice we all have is how long it takes us to appreciate and love it. Ultimately, we all have the same underlying purpose statement - to love everything - but because of our perceived voids and values that nobody completely eliminates as long as they're in a body, our purpose is constantly unfolding and refining as our voids and values are transformed or transcended. Each void and value is like a cloud until it clears and becomes the fulfilment called love.

Each of us is unique and our uniqueness is a representation of our perceptions, decisions and actions. When we change our perceptions our life changes; even our body transforms. Our uniqueness is expressed in our life's purpose which gradually emerges from a youthful chaotic complexity to the simplicity and maturity of love.

When we have lopsided perceptions, we do not experience gratitude and love and so we think we are off purpose and feel stressed. Stress is the tense-ions, the charged polarized ions of not being centred and balanced. When you perceive yourself to be imbalanced and off purpose you experience fear and guilt. The Demartini Method is tool to bring these perceptions back into balance and let you realize that you are always on purpose again.

The more your perceptual imbalances are brought back into balance the clearer your purpose becomes. Each of us, deep down inside, knows what our calling, vision and purpose is in life. When our minds are cleared of emotionally imbalanced clouds, our soul's purpose is revealed - visually, auditorally and kinaesthetically. Our body has internal and external representation systems that are trying to give us the guidance to our purpose.

When we are emotionally balanced and centred it is possible to experience an inspired revelation concerning our life's purpose. Initially it may seem overwhelming and the many imbalanced perceptions, positive and negative feedbacks and resulting masks that we wear can frighten us from its profoundness and cloud our minds from its clarity. But once we breakthrough the clouds with the clarity through gratitude and love the power of our purpose suddenly takes us through the disturbances and we get a glimpse of our ingenious potential.

As you know, I've had this experience when I was 17, when I had the blessing of spending the mornings for three weeks with Paul Bragg who helped me through the initial phase. If I had not been with him and received his guidance and training, I would have probably lost sight of my mission and not made it through the clouds and over that hump.

By applying the principles and methods in your life and with your clients, the probability of you going out and

fulfilling your purpose will be enhanced. Your confidence and certainty will be greater, your worries about other people's influences will subside and your ability to be present will be expanded.

Love and Wisdom,
Dr. John F. Demartini

I look forward to hearing from you again soon

Stephen van Basten

Officiating at Defining Events and Facilitating Personal and Spiritual Growth



Cell: 083 231 8445

Email: weddings@stephenvanbasten.co.za

Website: www.stephenvanbasten.co.za

Weddings: www.facebook.com/pages/Weddings-with-Finesse/272542836120345

The Life Skills Experience: www.facebook.com/#!/groups/213561502089600/

The Relationship Experience: www.facebook.com/pages/The-Relationship-Experience/327077383972414

The Church of Higher Universalism:

www.facebook.com/stephenvanbasten/posts/10151178161785031?ref=notif¬if_t=feed_comment#!/groups/110517285723094/

Overcoming the fear of death, dying and loss: [http://www.facebook.com/stephenvanbasten#!/groups/478579302159668/](https://www.facebook.com/stephenvanbasten#!/groups/478579302159668/)

Subscribe to Newsletter: <http://www.graphicmail.co.za/rwcode/subscribe.aspx?SiteID=34641&SID=14>

BBM: 26F349A8